

RSU 26 / RSU 34 Adult Education FALL 2018

DISTANCE LEARNING COURSES

We are very excited to be able to offer nearly 500 interactive courses that you can take entirely over the internet. A wide variety of professional development and personal enrichment courses are now available for registration. All classes are led by expert instructors, fit into convenient six-week formats and are affordably priced. Some of the more popular courses available are:

- * Accounting Principles
- * Computer Skills for the Workplace
- * Discover Sign Language
- * A to Z Grant Writing
- * Grammar Refresher
- * Introduction to Interior Design
- * Introduction to Photoshop
- * Using Social Media in Business
- * QuickBooks 2017
- * Writing Your Life Story
- * Introduction to Statistics
- * Learn to Buy & Sell on eBay
- * Write Your Life Story
- * Real Estate Law
- * Introduction to Windows 10
- * Helping Elderly Parents
- * Test Prep: GRE / LSAT / SAT / Praxis
- * Growing Plants for Fun and Profit



View a complete catalog of the nearly 500 courses available at:

www.ed2go.com/rsu26 or www.ed2go.com/rsu34

COLLEGE TRANSITIONS

Our College Transitions program is designed to help students successfully prepare for college. We help adult learners who are earning their high school diploma or HiSET certificate successfully transition to college. We also help adults who already have a diploma prepare for their college experience.

Contact us if you would like to discuss with us some of the following College Transitions services that we offer:

- College Exploration and Planning**
- Advising Services**
- Courses: Algebra / Biology / Writing for College**
- College Readiness Courses**
- Accuplacer Prep and Testing**
- College Application Assistance**



ABOUT US

Director: Matthew Tardie (mtardie@rsu26.org)

Orono Office

Site Coordinator: Judith Santos (jsantos@rsu26.org)
 Address: 14 Goodridge Drive
 Orono, Maine 04473
 207-866-4119
 Phone: http://www.rsu26.org
 Web Site: Monday through Wednesday
 Office Hours: 11:00 am to 3:00 pm & 6:00 to 8:30 pm

Old Town Office

Site Coordinator: Sue St. Louis (sue.stlouis@rsu34.org)
 Address: 203 Stillwater Avenue
 Old Town, Maine 04468
 207-827-3906
 Phone: http://www.rsu34.org
 Web Site: Tuesday through Thursday
 Office Hours: 3:00 to 8:00 pm

www.riversideadulthoodpartnership.com

RSU 26 / RSU 34 ADULT EDUCATION General Program Registration Form 2018-2019

Semester: Fall Date: _____

Name _____

Address Last First Middle

Number Street City/Town

Email Address _____

Birth Date _____ Telephone _____

Home /Work

- * Course Title: _____
- * Course Title: _____
- * Course Title: _____
- * Course Title: _____

- Method of Payment Enclosed with Registration Form:
- Check Money Order

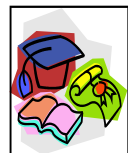
NO REFUND UNLESS COURSE IS CANCELLED BY SCHOOL

HIGH SCHOOL COMPLETION COURSES

Our program provides adult learners with the opportunity to earn an adult education high school diploma or a high school equivalency (HiSET) diploma. Class sizes are small and an experienced team of instructors provides courses designed to meet the different needs and learning styles of our students. Online courses and individual-paced courses are also available for students to take. Most of our high school completion courses start the week of September 17, but we do accept students into our program throughout the academic year on a rolling admission basis.

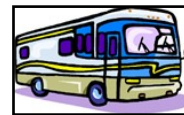
Fall Academic Courses

HiSET Prep/Testing	Tuesday/Thursday 6-8 pm	Old Town
Math Lab	Tuesday/Thursday 3-5 pm	Old Town
American History	Monday 6-8:30 pm	Orono
Individualized Math	Wednesday 6-8:30 pm	Orono
Developmental English	Wednesday 6-8:30 pm	Old Town
Writing Lab	Wednesday 6-8:00 pm	Orono
Real World Math	Tuesday 6-8:30 pm	Old Town
HiSET Pre/Testing	Thursday 6-8 pm	Hampden



All high school diploma and HiSET Prep classes are free to those who qualify.

ONE DAY MOTOR COACH BUS TRIPS!



Keepsake Quilting Bus Trip: An early morning departure takes you to New Hampshire for the largest quilt shop you've ever seen, Keepsake Quilting & Country Pleasures. If you are an avid quilter, you'll lose yourself among the vast selection of fabric, quilting books, stencils, patterns, notions and more! Included in the trip fee is a late lunch at Hart's Turkey Farm before returning home. Space is very limited.
Date: Sunday, October 21 **Cost:** \$129.00

Haunted Happenings Bus Trip: An early morning departure will take you to Salem, Massachusetts, where you will have a frighteningly good time! You'll visit the Salem Witch Museum, which will bring you back to the dark events of 1692. You'll spend the rest of the day at your leisure enjoying all the Halloween activities going on in Salem during the month of October. This is a great, family-friendly trip.
Date: Saturday, October 27 **Cost:** \$118.00

Gardens Aglow Bus Trip: An afternoon departure will start your journey to the beautiful Coastal Maine Botanical Gardens in Boothbay Harbor for their annual "Gardens Aglow". Our first stop will be at Sarah's Café in Wiscasset, Maine for an included homemade Box Meal. Join us this winter for the biggest and brightest light display in Maine! Gardens Aglow is a special event for couples, friends or the whole family. From the light display, to the s'mores pit, popcorn stand and special art exhibits, Gardens Aglow has something for the whole family.
Date: Saturday, December 1 **Cost:** \$100.00

**** Call us for departure and return times for these trips ****

RSU 26 Adult & Community Education
 14 Goodridge Drive
 Orono, Maine 04473

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DANCE & MUSIC COURSES

Ukulele for Beginners: This 4-week introductory level course assumes that students have no prior musical or ukulele related knowledge or experience. In this course, you'll learn ukulele anatomy, tuning, elementary music theory, basic chords and strumming patterns. You'll learn what you need to begin playing the ukulele! Contact our office for information about purchasing a ukulele, if you need one. You should bring with you to class a pen, a notebook and a folder to store music sheets.
Instructor: Alexander Karris **Day:** Wednesdays **Time:** 6:00-7:30 pm
Cost: \$25.00 **Starting Date:** October 3 **Location:** Orono

Ballroom Dance: Our Ballroom Dance class is back! Bring a friend to this fun, 6-week ballroom dance class. If you are interested in learning to ballroom dance then this is your first step to get you introduced to what ballroom dance is about. This course will be perfect for the couple who are new to ballroom dance or for folks who have some previous dance experience.
Instructor: Morita Tapley **Day:** Mondays **Time:** 7:00-8:00 pm
Cost: \$45.00 per person **Starting Date:** October 1 **Location:** Orono

Tap Dancing for Beginners: Tap dancing is a great way to build strength and flexibility. In this fun, 6-week class, you'll start by finding the beat of a song and moving your feet rhythmically. You'll then move on to learning basic tap moves and combinations. Tap shoes are encouraged, but not necessary to begin. You'll get a great cardio workout while learning how to dance from an experienced instructor.
Instructor: Raechelle Edmiston-Cyr **Day:** Wednesdays **Time:** 6:00-7:00 pm
Cost: \$35.00 **Starting Date:** October 3 **Location:** Orono

Intermediate Tap Dance Fun: Break out your old tap shoes and get some exercise with us in this ongoing class. This class is designed for those who know the basics of tap and would like to practice and build their skills. We will start by practicing skills to some of your favorite songs and then we'll work to learn more complex dance numbers set to classics and contemporary songs. Have fun and exercise while building and maintaining your tap skills.
Instructor: Raechelle Edmiston-Cyr **Day:** Wednesdays **Time:** 7:15-8:15 pm
Cost: \$4.00 drop in rate **Starting Date:** October 3 **Location:** Orono

Introduction to Square Dancing: In this fun, interactive 12-week course, you will learn the very basics to more difficult routines of what we call Mainstream Square Dancing. This is a great way to get a low-impact workout and to meet people. You don't need to have a partner to register.
Instructor: Bob Brown **Day:** Mondays **Time:** 6:00-8:00 pm
Cost: \$60.00 per person **Starting Date:** September 17 **Location:** Hampden

PERSONAL ENRICHMENT COURSES

Beekeeping for Beginners: This popular 2-week class is designed to stimulate the interest in and answer the questions of those interested in starting beekeeping as a hobby, to help pollinate their crops or to generally learn more about honeybee husbandry. We'll cover what is needed to get started, where to locate bee hives, where to buy them, what it costs and how to care for bees so that they survive the winter.
Instructor: Peter Cowin **Day:** Mondays **Time:** 6:00-8:30 pm
Class Dates: October 1 and 15 **Cost:** \$35.00 **Location:** Orono

Introduction to Digital Photography : Get the most out of your digital camera and learn from an experienced professional photographer how to take great photographs during this 6-week class. Some of the topics covered in this class will be: Basic Photographic Concepts, Digital Photography's Strengths and Weaknesses, Workflow from Camera to Print, Basic Adobe Photoshop Techniques and Long-Term Digital Image Storage. This course is designed for the beginning digital photographer.
Instructor: Michael Hallahan **Day:** Tuesdays **Time:** 6:00-7:30 pm
Starting Date: October 2 **Cost:** \$65.00 **Location:** TBA

Maine Driving Dynamics: This course is a 5 1/2 hour defensive driving and driver improvement program developed by the Bureau of Highway Safety. Those completing the course will receive a three-point credit on their driving record and students may be able to receive an insurance discount from their insurer.
Instructor: State of Maine **Day/Time:** Saturday, October 20 from 8:30am-2:00pm
Cost: \$40.00; 65 and older \$25.00 **Location:** Orono Middle School

Hunter's Safety: To participate in this certification course, you must first complete the online portion of this course (ME Dept. of Inland Fisheries & Wildlife website) and print off the voucher you receive from completing this portion of the course. Bring a copy of your voucher to one of our Saturday skills portion of the course. The class will run from 8:30 am to 4:30 pm. **Instructor:** State of Maine **Cost:** \$10.00
Locations: Hampden: Sunday, October 14; Old Town: Sunday, October 21

Self-Defense for Women: This one-night workshop consists of a review of laws related to self-defense, gentle stretches and exercises that you can practice at home, and an introduction to defensive tactics and techniques for women of all ages and fitness levels. Be prepared to move and be active!
Instructor: Geoff Wingard **Day/Time:** Wednesday, November 14 from 6-8 pm
Cost: \$5.00 **Location:** Orono

3D Printing: Welcome to the world of 3-D printing! In the modern world, inventions and replacement parts can be easily created. In this one-night class, we will use apps to design and print our design on site. Take an idea, apply math and create a physical object you can hold, touch and use. No experience is necessary.
Instructor: Sean Malone **Day/Time:** Monday, October 22 from 6:00-8:00 pm
Cost: \$10.00 **Location:** Orono

Basic Beer Brewing Workshop: In this one-night class, you will learn how to brew your own craft-brew-quality beer at home, using minimal equipment and good quality ingredients. Our knowledgeable instructors will walk you through the brewing process, covering everything from mashing, hop additions, wort chilling, aeration, proper yeast pitch rates, fermentation, priming, bottling and more.
Instructor: Zeth Lundy **Day/Time:** Wednesday, October 17 from 6:00-8:00 pm
Cost: \$10.00 **Location:** TBA

Scene Study Acting: This new 6-week acting class is designed for students who have taken our previous acting classes or who have prior on-stage experience. We'll delve deep into script analysis and other techniques to realize both comic and dramatic scenes from modern work. We'll also discuss methods of creating a character, advanced speech and dialect work, and selecting and preparing monologues for auditions.
Instructor: Irene Dennis **Day:** Tuesdays **Time:** 6:00-8:00 pm
Cost: \$42.00 **Starting Date:** October 2 **Location:** Orono

FOOD RELATED COURSES

Cooking Thai: Roll up your sleeves and join us in this fun, one-night cooking class where you will create and taste, from start to finish traditional Thai food such as Curry and Rice, Spring Rolls and Thai Iced Tea. This will be a great introduction to Thai cooking for those who have never tried to make it at home. Space is limited, so register early.
Instructor: Amy Baron **Day/Time:** Wednesday, October 10 from 6:00-8:00 pm
Cost: \$15.00 (includes materials fee) **Location:** Orono Middle School

Chinese Cooking-Vegetarian Rice Noodle Stir Fry: In this hands-on, one-night class, you will create and taste a colorful vegetarian rice noodle stir fry dish. You'll learn how to combine different vegetables from the garden or the farmer's market and transform them to a beautiful and healthy dinner. A materials fee of \$10 will be payable to the instructor the night of class. No cooking experience is necessary.
Instructor: Yi Peng **Day/Time:** Tuesday, October 23 from 6:00-8:00 pm
Course Fee: \$10.00 **Location:** Orono Middle School

Chinese Cooking-Chinese Style Stew: In this hands-on, one-night class, you'll create and taste a Chinese style stew that is inspired by the beautiful fall harvest. Come join us for a creative and fun stew cooking class and taste the wonderful local produce. A \$10.00 materials fee will be payable to the instructor on the night of class. These cooking classes always 'sell out' so register early. No cooking experience is necessary.
Instructor: Yi Peng **Day/Time:** Tuesday, November 13 from 6:00-8:00 pm
Course Fee: \$10.00 **Location:** Orono Middle School

Thanksgiving Pie Night: Be ready this Thanksgiving with your own beautiful homemade pie! In this one-night, hands-on class, you will learn to make your own tasty apple pie, crust and all. At the end of class, you will have your apple pie to take home with you, which you can freeze and bake on Thanksgiving or sooner. You'll also learn how to make our chef's famous, from scratch, chocolate cream pie. When you register with us, we will give you a list of baking items and utensils that you should take with you to the class or purchase from our host.
Instructor: Chef Cathy Speronis **Day/Time:** Monday, November 19 from 5:30-8:00 pm
Cost: \$39.00 per person **Location:** Veazie

Drying Fruits, Vegetables & Herbs: Drying is a simple and inexpensive way to preserve foods and is especially useful for creating lightweight snacks and meals for outdoor activities such as canoeing and backpacking. In this one-night workshop, you'll learn different techniques to best dehydrate fruits, vegetables and herbs. Participants will receive recipes, try samples of dried goods and bundle up herbs to take home.
Instructor: Laurie Bowen **Day/Time:** Wednesday, October 17 from 6:00-8:00 pm
Cost: \$15.00 (includes materials and supplies) **Location:** Orono Middle School

Fermenting Sauerkraut: In this one-night, hands-on class, you will learn how to make your own sauerkraut through the wonders of fermentation. You will start a batch of sauerkraut, learn the basic steps of fermentation, and take your first batch home to finish.
Instructor: Laurie Bowen **Day/Time:** Wednesday, November 7 from 6:00-8:00 pm
Cost: \$23.00 (includes materials and supplies) **Location:** Orono Middle School

PERSONAL WELLNESS COURSES

CPR/AED: The AHA's Heartsaver CPR-AED Course is a classroom, instructor-led one night class designed to prepare students to provide CPR and use an automated external defibrillator (AED) use in a safe, timely and effective manner. Students will receive a Heartsaver CPR-AED course completion card, which is valid for two years.
Instructor: Chad Kirkpatrick **Day/Time:** Tuesday, October 23 from 6-9 pm
Cost: \$45.00 (includes \$20 certification card) **Location:** Orono

Basic First Aid: The AHA's Heartsaver First Aid Course is a classroom, instructor-led one night class designed to prepare students to provide first aid in a safe, timely and effective manner. Students will receive a Heartsaver First Aid course completion card, valid for two years, upon successful completion of this course.
Instructor: Chad Kirkpatrick **Day/Time:** Wednesday, October 10 from 6:00-8:00 pm
Cost: \$45.00 (includes \$20 certification card) **Location:** Orono

Heart Rhythm Meditation: Heart Rhythm meditation is a form of meditation that can provide you with immediate health benefits, combining ancient and western mystics with modern science. In this 6 week course, you will experience a weekly guided heart-centered meditation, learning to entrain your breath and heartbeat. Each class, you will be given daily practices that will help you improve decision-making, increase your energy level, function better under stress and develop your concentration abilities.
Instructor: Stephen Hodgdon **Day:** Tuesdays **Time:** 5:30-7:00 pm
Cost: \$30.00 **Starting Date:** October 2 **Location:** Orono

HEALTH & FITNESS PROGRAMS

Introduction to Pickleball: In this 2-week course, you will learn to play Pickleball, "the fastest growing sport in the USA". Sessions consist of general instruction and play. Pickleball is a racket sport that combines elements of badminton, tennis and ping-pong. Inexpensive to play, Pickleball provides good exercise, is great for individuals of all ability levels, is easy to pick-up and play and is a great social activity. This is an attractive sport that is ideal for all ages, especially Seniors 50+. All equipment will be provided to you.
Instructor: Susan Starbird **Day:** Mondays **Time:** 6:00-8:00 pm
Cost: \$30.00 **Starting Date:** September 24 **Location:** Old Town/Orono YMCA

Flow Yoga: Join us for Flow Yoga, a 6-week class designed to help you reconnect with your body. We will focus on the fundamentals of yoga and integrating the postures with breath to help you release stress and listen to your body. Each night, we will begin with gentler movements and move progressively to more challenging flowing sequences. All are welcome, whether you are a beginner or have practiced yoga before. Bring a mat.
Instructor: Christine Conte **Day:** Tuesdays **Time:** 6:00-7:00 pm
Cost: \$30.00 **Starting Date:** October 9 **Location:** Orono

Tai Chi for Arthritis and Better Balance: The ancient art of Tai Chi can improve balance and confidence in walking, can help students relax and reduce levels of stress and tension and can provide you with a good workout. You'll learn from and work with a certified Tai Chi instructor in this 6-week, low impact fitness class.
Instructor: George Manlove **\$5.00 Drop In Rate** **Location:** Orono-KACH
Day/Time: Tuesdays/Thursdays from 10-11 am, starting September 11.

Dance Fitness with McSmitty: Featuring today's top music hits, this energetic, exciting and fun dance fitness class is designed to make you sweat! Get ready to hoot and holler, shimmy and shake it! It's time to boogie with McSmitty! **Location:** OTHS
Instructor: Amy McFalls-Smith **Day/Time:** Wednesdays from 6:00-7:15 pm
Starting Date: September 12 **Cost:** \$5.00 drop in fee / \$3.00 RSU 34 & 26 Staff!

Fall Bike Tune Up: Before you put your bike away for the winter, bring it in with you to this hands-on, one-night workshop, and you'll leave with the skills needed to store it properly. This basic class will cover things such as bearing adjustments, bolt checks, cable lube, derailleur adjustment, tire pressure and brake adjustment. If you don't have a bike, you can borrow one of ours to work on.
Instructor: Jim Rose **Day/Time:** Wednesday, October 17 from 6:30-8:30 pm
Cost: \$15.00 **Location:** Orono

Introduction to Indoor Archery: Interested in picking up the sport of archery, but don't want to invest a lot of money before you find out more about it. This one-night course will provide you with an introduction to the basic skills, equipment and safety of archery so that you can decide if you want to continue with this popular sport. This clinic will take place in an indoor range and is open to students 15 years and older.
Instructor: Dan Sanborn **Day/Time:** Tuesday, October 30 from 5:30-7:30 pm
Cost: \$25.00 **Location:** Old Town

Backyard Game Night! In this fun, interactive one-night class, you'll be introduced to Bocce and Cornhole, two popular recreational games. Both of these sports offer you a low-impact workout that promotes great social interaction. You'll be introduced to the rules, skills and equipment and you'll be given information about how you can continue to participate in these popular healthy lifestyle activities year-round.
Instructor: Dennis Whitney **Day/Time:** Wednesday, October 10 from 6:30-8:00 pm
Cost: \$10.00 **Location:** Old Town-Orono YMCA

Fit Over 50 Personal Fitness: If you are over 50 and are curious what a personal fitness program could offer you, sign up for this one-night workshop. A certified trainer will show you how a customized exercise program can help you transform your life. You'll be introduced to different exercise equipment, shown how proper technique will ensure that exercises are performed to maximize the benefits of your workout and discuss different fitness goals that best match your needs. Come prepared to work out and bring your questions!
Instructor: Cody Levensalor **Day/Time:** Tuesday, October 9 from 6:00-7:30 pm
Cost: \$20.00 **Location:** Old Town-Orono YMCA

CRAFTING & ART CLASSES

Introduction to Drawing: This 4-week drawing class is ideal for beginners and for students who have experience drawing. Skills and techniques will be acquired through exercises that acquaint students with the fundamentals of pencil drawing. We'll cover materials, value, proportions, perspective and composition. You'll have an enjoyable time with others who are passionate about drawing.
Instructor: Obrianna Cornelius **Day:** Wednesdays **Time:** 5:30-7:30 pm
Starting Date: October 3 **Cost:** \$40.00 **Location:** Orono

Quilting: This popular ten-week class is open to both beginning and experienced quilters. This fall we will be working on different projects which will appeal to quilters of all ability levels. Our instructor will be taking students on a 'shopping trip' the Saturday before class starts to help people purchase supplies for the class, so please register early.
Instructor: Sue Randall **Day:** Thursdays **Time:** 6:00-9:00 pm
Starting Date: September 13 **Cost:** \$40.00 **Location:** Old Town High School

Wreath Making Workshop-Orono: In this hands-on, one-night class, you will design, create and take home with you a beautiful holiday wreath that will last for many seasons. Think outside of the box this holiday season and discover how talented and creative you really are. Please bring scissors with you to the class.
Instructor: Jackie Devlin **Day/Time:** Monday, October 29 from 6:00-8:00 pm
Cost: \$35.00 (includes all materials) **Location:** Orono Middle School

Wreath Making Workshop-Old Town: In this hands-on, one-night class, you will design, create and take home with you a beautiful holiday wreath that will last for many seasons. Think outside of the box this holiday season and discover how talented and creative you really are. Please bring scissors with you to the class.
Instructor: Jackie Devlin **Day/Time:** Monday, November 5 from 6:00-8:00 pm
Cost: \$35.00 (includes all materials) **Location:** Old Town High School

Mommy & Me Fleece Blanket Class: In this fun, hands-on one-night class, you will make a cozy, cuddly fleece blanket to take home with you at the end of the evening. No sewing is required. You'll learn how to make a family favorite blanket just by tying knots! Just bring with you to class 2 equal-sized pieces of complementary fleece (front and back) along with a pair of scissors. You decide the size and pattern you want to work with.
Instructor: Jill Conley **Day/Time:** Tuesday, November 6 from 6:00-8:00 pm
Cost: \$5.00 per blanket **Location:** Orono Middle School

Cartooning & Illustrating with Watercolor: This 4-week class is designed to challenge you as a cartoonist and illustrator. Come in with your ideas and see them come to life in this exiting class. You'll walk away more confident and skilled in creating living characters on a page. We'll discuss drawing, painting, inking, finding a style, communicating, composition and lettering in this course.
Instructor: Obrianna Cornelius **Time:** 5:30-7:30 pm **Cost:** \$40.00
Class Sessions: November 7, 14, 19 and 28 **Location:** Orono

PROFESSIONAL DEVELOPMENT COURSES

Substitute Teacher Training: This one-night workshop will provide people who are interested in becoming a substitute teacher, the basic information that they need to know. We'll cover topics such as eligibility to substitute teach in Maine, classroom management, learning strategies, practical 'survival' tips, State law in regards to confidentiality and student rights, and the substitute teacher application process required by RSU 22 (Hampden), RSU 26 (Orono) and RSU 34 (Old Town).
Instructor: Matthew Tardie **Day/Time:** Wednesday, October 10 from 6-8 pm
Cost: \$5.00 **Location:** Old Town High School

CNA Training: This 180-hour state-approved course, will prepare students to become Certified Nurse's Aides. CNA's perform a variety of health care duties under the direction of a nurse. Classroom, lab and clinical work will be done at the the Maine Veterans' Home. The deadline to receive applications is October 5. The class will run for 15-16 weeks. The course is open to students 17 years and older. Flexible payment plan options are available.
Instructor: Lynn Johnston **Start Date:** October 15 **Cost:** \$795.00
Days: Saturdays (8am-2pm and Mondays & Tuesdays (6-9pm)

Red Cross Baby Sitting Course: Participation in this one-day workshop will help you learn how to be a safe, professional and reliable sitter. You'll also learn how to develop a babysitting business, keep yourself and others safe and learn about basic child care and basic first aid. This training is designed for youths ages 11-16. Students who successfully complete the course will earn a Red Cross Certificate.
Instructor: Carrie Bonnefond **Day/Time:** Saturday, Oct. 27 from 9:30am-3:30pm
Cost: \$95.00 **Location:** Hermon High School

Hospice Volunteer Training: In this important 18-hour course, you will learn how to make a difference in the life of a neighbor or family member as they face end of life issues. As a volunteer, you'll benefit from listening to patient's stories, reading aloud, watching movies together, holding hands sharing music or simply sitting with them. Once you complete the course, you can decide how best to serve the hospice community. This is a great course for healthcare professionals.
Instructor: Roanne Austin **Day:** Wednesdays **Time:** 5:30-8:00 pm
Cost: \$10.00 per household **Start Date:** October 3 **Location:** Orono

FREE COURSES

Veazie Railroad History: This one-night lecture will have appeal to local history buffs. We will talk about the Old Veazie Railroad (1836-69) and learn why it was so important to the history of Maine's lumber industry. We'll take part on a virtual trek of what was the second largest successful railway in the U.S. that ran from Milford to Bangor along the Penobscot River.
Instructors: Liz Ashe and Ronda Savage **Location:** Orono Middle School
Cost: Free **Day/Time:** Wednesday, November 7 from 6:00-8:00 pm

Financial Planning-Rules of the Road: This free, one-night workshop will introduce you to basic saving and investment principles that will help you develop and reach long-term financial goals. Some topics include investing concepts, insurance, stock market basics, living on a fixed income, bonds and saving for college. The road to financial independence begins with a few simple rules.
Instructor: Philip Barb **Day/Time:** Monday, October 29 from 6:00-8:00 pm
Cost: Free **Location:** Orono Middle School

HAMPDEN & HERMON AREA COURSES TO CHECK OUT:

Introduction to Indoor Tennis
Francophone Food Culture
Understanding Maine's Tree Growth Tax Law
Growing Salad Greens Indoors
Introduction to Voice Over Acting
Rug Hooking
Penny Rug Classes
Introduction to Basic Computer Skills

To register for courses online, go to:

www.riversideadulthoodpartnership.com

facebook

Find us on Facebook: Riverside Adult Education